

<b>Peer-to-peer learning Guide (Sport4Rules)</b> National Best practices of fighting violence in sport and through sport (projects/established programmes)	
<b>Name:</b> <i>Project/Programme Title</i>	“Rackets up against discrimination“ project was targeted at people with fewer opportunities including young people from vulnerable groups as the Roma community, children and youngsters living in poverty, asylum seekers, refugees, new migrants and children with certain disabilities. The project involves and brings together a group of four organizations actively engaged in sports and youth sector.
<b>When:</b> <i>When the project/programme was implemented (please specify if the project/programme is still ongoing)</i>	01.01.2021-31.12.2021
<b>Where:</b> <i>Where the project/programme is/ was held (city, country)</i>	1. Prague, Czech Republic 2. Kiten, Bulgaria 3. Ohrid, North Macedonia 4. Sofia, Bulgaria
<b>Who:</b> <i>Name of the Coordinating Entity</i>	Bulgarian Badminton Federation
<b>Objectives:</b> <i>General and Specific Project Objectives</i>	The idea behind our project aimed to combine efforts opposing: <ul style="list-style-type: none"> <li>– Obtain more objective and evidence-based data on the impact of sport as a tool for social inclusion and sport-based programs for inclusion of young people with FO, to identify good practices applied at European level to be transferred in the countries of the consortium.</li> <li>– Strengthen the international cooperation between grassroots organizations active in the field of sport and youth and create a core of a transnational network promoting the ideas for equal access to sports to young people</li> <li>– Encourage social inclusion and equal opportunities in sport</li> </ul>
<b>Stakeholders of the project:</b> <i>People and institutions contributing to the implementation of the project/programme</i>	The project involves and brings together a group of four organizations actively engaged in sports and youth sector: <ol style="list-style-type: none"> <li>1. Bulgarian Badminton Federation-Sofia ,Bulgaria</li> <li>2. Club Sportive Siderurgistul Galaty-Galaty,Romania</li> </ol>

	<p>3.Telocvicna jednota Sokol Radotin-Prague, Czech Republic</p> <p>4.Macedonian Badminton Federation –Skopje,Nord Macedonian</p>
<p><b>Beneficiaries:</b> <i>Which target group was involved (please specify the legal status and how many people were reached)</i></p>	<p>“Rackets up against discrimination“ project was targeted at people with fewer opportunities including young people from vulnerable groups as the Roma community, children and youngsters living in poverty, asylum seekers, refugees, new migrants and children with certain disabilities.</p> <p>Assist the integration of value based education the founding (Olympic) sport principles, through dialogue and educational methods between different peers and stakeholders.</p> <p>Number of people who directly participated in the Project – 96 people</p>
<p><b>Financing:</b> <i>Budget and Program which financed the project/programme</i></p>	<p>ERASMUS+ PROGRAMME</p> <p>58 700 Euro</p>
<p><b>Description:</b> <i>Detailed of the project/programme (please specify the activities/sessions/modules and methodologies implemented)</i></p>	<p>Activities were organised in a set of transnational project meetings with the assistance of experts, aimed to pilot test an innovative training module, prevention seminars (in the context of each national stakeholder group). The seminars targeted all relevant groups to the problems – athletes, professional players, coaches, athlete support personnel(ASP), facilitators, judges, decision makers, youth organizations, decision-maker, stakeholders and government representatives.</p> <p>It was a consortium belief that information based on scientific resources and approach will assist the transfer of knowledge and have a critical impact on target groups. Our informative and prevention efforts were put towards:</p> <ol style="list-style-type: none"> <li>1. Raising awareness and providing stakeholders with up-to-date information regarding impact of sport as a tool for social inclusion and sport-based programs for inclusion of young people with FO;</li> <li>2. Emphasize on the need for education with focus on skills development based on needs assessment.</li> <li>3. Empower youth to critical thinking regarding activities and actions taken by sport-sector professionals</li> <li>4. Assist stakeholders such as coaches, ASP, facilitators, judges, managers and other, to transfer knowledge between stakeholders, implement good practices, participate in</li> </ol>

	<p>networking and workshop events regarding the sport movement, adapt management practices.</p> <ol style="list-style-type: none"> <li>5. Develop the competences of athletes and the other key members of organizations (coaches, experts, managers, etc.) through practical workshops, knowledge and evidence-based research, new methods and tools</li> <li>6. Assist the integration of value based education the founding (Olympic) sport principles, through dialogue and educational methods between different peers and stakeholders</li> </ol>
<p><b>Results achieved:</b> <i>Describe the quantitative and qualitative results achieved</i></p>	<p>Through the implementation of the project activities we aimed to involve different stakeholder groups and have direct impact on local, national and EU level by managing to:</p> <ul style="list-style-type: none"> <li>- Increase knowledge and awareness regarding sport and physical activity in Programme Countries;</li> <li>- Increase awareness of as regards the role of sport in promoting social inclusion, equal opportunities and health-enhancing physical activity;</li> <li>- Strengthen cooperation between institutions and organisations active in the field of sport and physical activity;</li> <li>- Enhance networking between sport organisations and other relevant organisations from various EU and Non-EU Programme Countries</li> <li>- Improve sharing of good practices and success stories;</li> </ul>
<p><b>Innovation:</b> <i>Specific Characterisation of the project/programme in terms of innovation</i></p>	<ul style="list-style-type: none"> <li>- Create an innovative practical guide combining sport training and non – formal education for the purpose of social inclusion</li> <li>- Design this new guide and test its implementation through a pilot experience during four transnational meetings</li> <li>- Train the new guide among the pool of trainers that the consortium works with for applying and promoting it.</li> <li>- Disseminate, extend, transfer and sustain the use of the new guide.</li> </ul>
<p><b>Empowerment:</b> <i>Describe the specific impact generated by the project/programme in terms of empowerment</i></p>	<ul style="list-style-type: none"> <li>- Protect athletes, especially the youngest, from health and safety hazards by improving training and competition conditions;</li> <li>- Promote education in and through sport with special focus on skills development.</li> <li>- Provide opportunities for strengthened cooperation among stakeholders, which would not have existed without EU action.</li> </ul>

	<ul style="list-style-type: none"> <li>- Promote the creation and development of transnational networks in the field of sport</li> <li>- Foster synergy with, and between, local, regional, national and international policies to promote sport and physical activity and to address sport-related challenges.</li> </ul>
<p><b>Website:</b> <i>Link of the project/programme (if available)</i></p>	
<p><b>Contacts:</b> <i>(if available)</i></p>	<p>Bulgarian Badminton Federation, Adress: 75 Vasil Levski Blvd., floor 7, room 712</p>

**Pictures:**







