

Peer-to-peer learning Guide (Sport4Rules) National Best practices of fighting violence in sport and through sport (projects/established programmes)		Peer-to-peer learning Guide (Sport4Rules) National Best practices of fighting violence in sport and through sport (projects/established programmes)
Name: <i>Project/Programme Title</i>	Molto più che un gioco	
When: <i>When the project/programme was implemented (please specify if the project/programme is still ongoing)</i>	November 2020 – March 2021	
Where: <i>Where the project/programme is/ was held (city, country)</i>	Italy	
Who: <i>Name of the Coordinating Entity</i>	A.S.D. Freccia Azzurra Firenze Basket	
Objectives: <i>General and Specific Project Objectives</i>	<p>The objectives of the project are the following:</p> <ul style="list-style-type: none"> - To build a network of active, visible and accessible safeguarding in the framework of the sport activities, offering support to the sporting clubs and their operators to protect minors as well as sporting associations and adults working with them from legal repercussions risks during sport activities, as identified by the Italian law - To ensure that the environment where the sport activities are carried out is safe and adapted to minor's necessities; - To raise awareness about the importance of child and youth safeguarding in every sport, in all the adults that operate in the sport activities. - To help managing all the reports and doubts about non-professional practices and abuses. The reporting should be 	

	<p>facilitated to make the consultancy about abuses accessible to everybody without an overload of responsibility, at two levels:</p> <p>Internally: supporting the needs of underage people, the staff and all the operators that are involved in sport activities in the sporting club.</p> <p>Externally: through the opportunity to identify all the warnings about the risk of abuses during sport activities.</p> <ul style="list-style-type: none"> - To identify, to develop and to support a team of person responsible for the “safeguarding” that can operate in the sporting club. The person in charge should be the referent for all the members of the club and the operators, stressing the issue about the safety of all the underage people in the club. - To promote social awareness, sporting ethic and safety standards about every kind of abuse in and through sport. - To promote professional practices: “ the positive example as a model to promote safeguarding”.
<p>Stakeholders of the project: <i>People and institutions contributing to the implementation of the project/programme</i></p>	<ul style="list-style-type: none"> - Municipality of Florence, Department for the Sport Activities; - U.I.S.P. Florence committee - CONI regional committee - FIP regional committee
<p>Beneficiaries: <i>Which target group was involved (please specify the legal status and how many people were reached)</i></p>	<p>The training course organized by the consortium was addressed to the following group of participants:</p> <ul style="list-style-type: none"> - Members of amateur sporting clubs; - Members of professional sporting clubs; - Referees; - Coaches; - Sport managers; - Doctors; - Supporters; - Parents of underage people practicing sport activities; - Whoever is involved in sport activities. <p>During the first phase of the project, the training course was attended by 138 people, among the categories above mentioned.</p>
<p>Financing: <i>Budget and Program which financed the project/programme</i></p>	<p>The course was implemented thanks to the contribution of Associazione Firenze Per la Pallacanestro and the Regione Toscana</p>

<p>Description: <i>Detailed of the project/programme (please specify the activities/sessions/modules and methodologies implemented)</i></p>	<p>Since the beginning of the project, each sport organization that has showed interests in participating in the project's course, has identified the person in charge for "Safeguarding", among its staff.</p> <p>The project's main activity is the attendance to the training course. It has been divided in two parts, a first and a second level. The course included 30 lessons.</p> <p>The course is divided in two levels. The first level concerns the identification of the duties of the responsible for "Safeguarding". The course is developed according to the following modules:</p> <ol style="list-style-type: none"> 1) The Sport Organization 2) The problem 3) The professional practice 4) The approach and how to promote respect 5) Non-professional practice 6) Non-professional practice and abuse 7) At risk categories 8) Carelessness and phisical abuse e abuso fisico 9) Sexual abuse and priming 10) Emotional abuse 11) Bullysm 12) Unconscious prejudice 13) The first aid 14) Code of conduct and consequences 15) The Memoranda <p>The Second level of the course is about "systemic relational psychology" notions and effective communication. The following modules were developed:</p> <p>The succesfull communication</p> <ol style="list-style-type: none"> 1) Introduction: the Systemic-relational approach 2) Interview with the coach: «Non only what but also how», 3) What is abuse 4) What is reality? Projective identification of the reality. 5) Forbidden communication and the killer sentences». 6) Verbal and nonverbal communication; 7) Numerical and analog language 8)Ups and down in the dyad: attempts to control communication; 9) The listening. Systems theory: groups dynamics.
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	<p>10) The creation of a group: when does a dyad become a group?</p> <p>11) Identity defence mechanism: awareness and resilience; psychological projection; abnegation and projective identification.</p> <p>12) Roles and dynamics in a group</p> <p>13) Group structure: power map and responsibilities; redundancy and stability. ridondanze, stabilità.</p> <p>14) Group phases: changes and conflict management;</p> <p>15) Sport clubs-families relationships.</p>
<p>Results achieved: <i>Describe the quantitative and qualitative results achieved</i></p>	<p>After the participation to the course, 138 people have been trained to be the Referents for the safeguarding of children and teenagers, during the sport activities.</p> <p>Indeed, the involvement of the new established role in the structure of the sport associations and organizations ensures a safe environment and the possibility to freely address the person in charge, in order to report episodes of abuses and non-professional practices.</p>
<p>Innovation: <i>Specific Characterisation of the project/programme in terms of innovation</i></p>	<p>The innovation brought by “Molto più che un gioco” concerns the appointment of the new role in each sport clubs, both at amateur and professional levels. It is not only the naming of the person in charge, but also its continuous training, in order to better address the needs of the young people involved in the activities of the clubs.</p>
<p>Empowerment: <i>Describe the specific impact generated by the project/programme in terms of empowerment</i></p>	<p>“Molto più che un gioco” has contributed to raise awareness in the sport organizations about the necessity to protect the underage people (children and teenagers) from non-professional practices and abuses. Moreover, with the appointment of the new-trained Referent, it is expected that episodes of violence in sport will be reduced.</p>
<p>Website: <i>Link of the project/programme (if available)</i></p>	
<p>Contacts: <i>(if available)</i></p>	<p>Project Referent: francesco.deza.linares@gmail.com</p>