

Peer-to-peer learning Guide (Sport4Rules) International Best practices of fighting violence in sport and through sport (projects/established programmes)		Peer-to-peer learning Guide (Sport4Rules) National Best practices of fighting violence in sport and through sport (projects/established programmes)
Name: <i>Project/Programme Title</i>	OUTSPORT	
When: <i>When the project/programme was implemented (please specify if the project/programme is still ongoing)</i>	Start: 01-01-2017- End: 31-12-2019	
Where: <i>Where the project/programme is/ was held (city, country)</i>	Italy, Scotland, Germany, Austria and Hungary	
Who: <i>Name of the Coordinating Entity</i>	ASSOCIAZIONE ITALIANA CULTURA SPORT	
Objectives: <i>General and Specific Project Objectives</i>	<ul style="list-style-type: none"> • Raise awareness about discrimination in sport based on sexual orientation and gender identity through information and awareness-raising campaigns • Improve good governance in sport (organisations) specifically in relation to sexual orientation and gender identity discriminations • Foster capacity-building and education against intolerance and discrimination for coaches and staff of the organisation by developing a training toolkit for sport operators to promote an innovative approach to tackle hate crime and discrimination based on sexual orientation and gender identity in sport. • Promote sport itself as a tool for the prevention of discrimination, bullying and hate-crime based on 	

	<p>sexual orientation and gender identity</p> <ul style="list-style-type: none"> • Encourage social inclusion and raise equal opportunities in sport organisations by supporting the implementation of EU strategies • Developing and proposing new guidelines concerning LGBTI rights into the next EU Work Plan for Sport, which shall be based on the principles of the EU Gender Equality Strategy and the other legal basis of the EU.
<p>Stakeholders of the project: <i>People and institutions contributing to the implementation of the project/programme</i></p>	<p>Hungary: FRISS GONDOLAT EGESZSEG-MOZGAS-SPORT EGYESULET</p> <p>Austria: FONDS WIENER INSTITUT FUR INTERNATIONALEN DIALOG UND ZUSAMMENARBEIT</p> <p>Germany: DEUTSCHE SPORHOCHSCHULE KOLN</p> <p>Bulgaria: LEADERSHIP, EQUALITY AND ACTIVE PARTICIPATION (LEAP) IN SPORTS SCOTLAND</p>
<p>Beneficiaries: <i>Which target group was involved (please specify the legal status and how many people were reached)</i></p>	<p>The target population of the survey was defined as: - people who identify as lesbian, gay, bisexual, transgender and/or are intersex, - who currently live in one of the 28 member states of the European Union and who are at least 16 years old. The Toolkit has three main target groups who will be addressed in different ways: coaches and PE Teachers will be addressed as Educators and sport managers will be referred to as Managers. In each section of the different chapters, these two main target groups will be addressed separately with specific messages, questions and tasks.</p>
<p>Financing: <i>Budget and Program which financed the project/programme</i></p>	<p>362.287,00 €</p>

<p>Description: <i>Detailed of the project/programme (please specify the activities/sessions/modules and methodologies implemented)</i></p>	<p>Outsport is a co-founded project by the European Commission project within the framework of the Erasmus Plus Sport Program. Partners of Outsport are AICS – Italian Association for Sport and Culture (Coordinator, Italy), DSHS– German Sport University (Germany), LEAP Sports Scotland – Leadership, Equality and Active Participation (Scotland), VIDC– Vienna Institute for International Dialogue and Cooperation (Austria), FRIGO– Organization for fresh Ideas (Hungary). Research – The first EU-wide survey based on direct experiences of LGBTI people. The Institute of Sociology and Gender Studies of the German Sport University Cologne was in charge of the scientific research (Outsport@dshs-koeln.de) and was coordinated by Prof. Dr. Ilse Hartmann-Tews, Birgit Braumüller e Tobias Menzel. More than 5,500 lesbian, gay, bisexual, transgender and intersex (LGBTI) people from all 28 EU countries completed the online survey. Almost 90% of respondents consider homophobia and particularly transphobia in sport a current problem. 20% refrain from participating in a sport of interest due to their sexual orientation and/or gender identity. 16% of respondents who are currently active in any sports have had at least one negative personal experience in the last 12 months that was related to their sexual orientation or gender identity. The share is higher among trans people – especially among trans women (46%). Based on these survey findings, umbrella organisations and federations from the 5 projects countries have been interviewed about their strategies in tackling homo-/transphobic discrimination in the field of sport. These data have been used to produce 5 specific focus booklets for each country (Austria, Germany, Hungary, Italy, Scotland) with local highlights and recommendations to their national sport institutions. Education – A pedagogical toolkit to address LGBTI inclusion in and</p>
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through sport Outsport aims to promote a new inclusive training approach: apart from contrasting homophobia and transphobia in sport, Outsport strives to make sport a tool to educate against any form of exclusion and a chance to develop social competencies. On this front, the second main outcome is the publication of the Outsport Toolkit, a manual for those working in sport and education with exercises and practices tested during the project and based on the Non-Formal Education through Sport methodology (moveandlearn.org). The importance of training and education has also emerged in the research. According to survey respondents, “Diversity training” was considered one of the top three actions to take in order to tackle homo-/transphobic discrimination in the field of sport. Other actions include the promotion of “popular sports stars coming out” and “high profile anti-homophobia/transphobia campaigns”. Recommendations Concrete policies on SOGI discriminations in sport could be very useful to contrast homo-transphobia and gender stereotypes. These policies could indeed boost initiatives in the field of gender equality, because tackling stereotypes and discriminations based on sexual orientation and gender identity is also a necessary step to address sexism in sport. Unfortunately, to this day, female athletes still face numerous obstacles based on their gender. In accordance with the first guiding objective of the current EU Work Plan for Sport, “to ensure, through cross-sectoral cooperation, the awareness of other EU policy domains of the contribution that sport can make in meeting the policy challenges facing the EU” project partners recommend the Working Party on Sport of the Council of the European Union:

- to include LGBTI issues and SOGI discrimination in the guiding objectives of the next EU Work Plan for Sport.
- to promote the enhancement of the existing sport

	<p>education programs with trainings on SOGI discrimination and LGBTI rights issues. • to open up a dialogue with all relevant stakeholders.</p>
<p>Results achieved: <i>Describe the quantitative and qualitative results achieved</i></p>	<ul style="list-style-type: none"> • Almost 90% of respondents consider homophobia, and particularly transphobia, a current problem in sport. • 20% of respondents refrain from participating in sport due to their sexual orientation and/or gender identity. This is most frequently the case for trans people (54%) and refers predominantly to football/soccer, dancing, swimming, and boxing. • One third of respondents who are active in sports have not revealed their sexual orientation or gender identity respectively to anybody in the sporting environment. This percentage is higher in Italy (41%) and Hungary (45%). • 16% of respondents who are currently active in any sports have had at least one negative personal experience over the last 12 months in relation to their sexual orientation or gender identity. The figure is higher among trans people – especially among trans women (46%). • Among the negative experiences, verbal insults (82%) and structural discrimination (i.e. unequal opportunities) (75%) are the most common forms of homo-/transphobic incidents that were indicated. Verbal threats (44%), e-bullying (40%), physically “crossing the line” (i.e. being shoved and/or pushed) (36%) and physical violence (20%) are also common experiences.
<p>Innovation:</p>	<p>Within the Outsport project, a team was set up of 12 experts from the partner organisations who each had extensive</p>

<p><i>Specific Characterisation of the project/programme in terms of innovation</i></p>	<p>experience in addressing inclusion and discrimination issues concerning sexual orientation and gender identity (SOGI) in sport. This expert team worked for one year on collecting practises, policy guidelines and approaches in creating SOGI-inclusive sport communities, work which is compiled in this toolkit. The team also recognised that field workers (coaches, PE teachers, grassroots sport facilitators) need strong pedagogic support to feel empowered and increase their competence in building and enhancing SOGI-based inclusion within sport communities. Outsport project partners who are experienced in working with coaches and PE teachers agreed that many sport practitioners lack the necessary competencies (values, attitudes, skills and knowledge) to effectively address issues of SOGI inclusion within sport communities. Thus the Outsport project made it clear that in order to support the empowerment of the wider community of field workers in sport in Europe, a well-founded, scientifically (pedagogy, psychology, sociology) backed resource should be produced. As a result, this training toolkit is designed to assist sport operators (including educators and managers) in innovatively preventing and tackling anti-LGBTI hate crime and discrimination and their causes, by fostering capacity building and education. In the process of putting together this training toolkit, we drew on the research data conducted within the Outsport project as well as the collective experience of project partner organisations, with a view to enabling all types and sizes of sport organisations - from local clubs to national and international federations and agencies - to effectively tackle these forms of discrimination in a preventative way and to foster long-term LGBTI inclusion in sport.</p>
<p>Empowerment:</p>	<p>The research component of the OUTSPORT project, led by the German</p>

<p><i>Describe the specific impact generated by the project/programme in terms of empowerment</i></p>	<p>Sport University Cologne, is of fundamental importance to achieving the main project goals. OUTSPORT is the first initiative at the European level to gather scientific evidence on the phenomena of homophobia/transphobia in the field of sport.</p> <p>The first objective of our research is to collect reliable data on experiences of discrimination related to LGBTI* sexual orientation and gender identity in different fields of sport in Europe (the quantitative part of the research). The second aim is to explore the role of relevant stakeholders in the field of sport in tackling discrimination and homophobia/transphobia in sport (the qualitative part of the research). This report presents selected results from the quantitative research, the OUTSPORT Survey 2018.</p> <p>The present report is a commented overview of selected results, and the purpose of this report is to present the core findings of the survey in a transparent and understandable way. Differences with regard to the five project countries are displayed in the tables/ figures but are not further elaborated because of the complexity and individuality of each country's politics and sports culture, and because of the limited space of the report. A comparative analysis will be published at a later date. Differences with regard to gender identity and sexual orientation are mentioned in the corresponding sections in the text and, for the most part, are not presented in additional tables/figures.</p>
<p>Website: <i>Link of the project/programme (if available)</i></p>	<p>https://www.out-sport.eu/</p>
<p>Contacts: <i>(if available)</i></p>	<p>info@outsport.eu press@out-sport.eu +39 064203941</p>

Pictures:
Please attach to the sheet pictures of the project/programme

